

**PRESIDENT**-John Rotante  
 201-391-4194-home  
 201-819-0553-cell

**MONTVALE CALENDAR**  
**MAY 2025**

**ATTENDANCE:**  
 DIANNE CARFORA 201-314-0141

**GYM OPEN: MON-WED-FRI**  
 8:30AM-12:00NOON -BOB DALEY  
 201-307-0393

**(if you have not paid)**  
**ANNUAL DUES \$20.00 DUE BY CHECK**  
**PAYBLE TO MONTVALE SENIOR CLUB**

**KITCHEN:**  
 Vince Alfano -551-427-8143  
 Eric Lehmann, Vic Sutera

**May 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apr 28	29	30	May 1 Business Meeting 12:00pm 1:45pm Business Meeting	2 10:00am 11:30amladies Bocce 11:00am 12:00PM chair exer 1:30pm 3:30pm Ladies Games
5 10:00am 11:15amHealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	6 10:00am 12pmBocce 1:30pm Canasta 1:30pm 2:15PM TAI CHI	7 10:00am 12pm Bocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMexTrain/Cards	8 12:30pm 1:30pmBook Club After Annie by Quindlen	9 10:00am 11:30amladies Bocce 11:00am 12:00PM chair exer 5:00pm 7:15pmBingo
12 10:00am 11:15amHealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	13 10:00am 12pmBocce 1:30pm Canasta 1:30pm 2:15PM TAI CHI	14 10:00am 12pm Bocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMexTrain/Cards	15 11:45am Social Luncheon 2:15pmEntertainer Anthony Duke Claus	16 10:00am 11:30amladies Bocce 11:00am 12:00PM chair exer 1:30pm 3:30pm Ladies Games
19 10:00am 11:15amHealthyBones 11:00am 12:00pm Chair Exercise 1:30pm 3:30pm Mahjongg	20 JOB FAIR -9:AM -2pm no senior activities	21 10:00am 12pm Bocce 10:00am no 11:00am 11:45am Chair Yoga	22 11:00am 1:30pmSavory Seniors	23 10:00am 11:30amladies Bocce 11:00am 12:00PM chair exer 1:30pm 3:30pm Ladies Games
26 SENIOR CENTER CLOSED-MEMORIAL DAY	27 10:00am 12pmBocce 1:30pm Canasta 1:30pm 2:15PM TAI CHI	28 10:00am 12pm Bocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMexTrain/Cards	29	30 10:00am 11:30amladies Bocce 11:00am 12:00PM chair exer 1:30pm 3:30pm Ladies Games

MAHJONG: KITTY STERN 201-802-0997  
 CANASTA: Anne Coyman 201-390-7248  
 BOCCE/Game Day: JOHN ROTANTE 201-391-4194  
 Pizza & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935  
 Chair Exercise:-Rani Moorjani 201-930-8950

TRANSPORTATION  
 MONTVALE VAN 201-391-5700 X225

BOOK CLUB: REE HOPPER 201-391-7386  
 JOANNE pALKEVICH 201-573-0891  
 MEX TRAIN/CARDS-PatCasciano 20L-307-9685  
 Louise Boothby201-476-1319  
 Ladies B:occe/Cards Dianne 201-314-0141  
 DAY TRIPS: Dianne Carfora  
 Overnight Trips Rosemarie Kelly 201-391